

# babysitting checklist

## I can be reached at

Location:

Phone:

## I expect to be home at

## If you can't reach me call

Name:

Name:

Phone:

Phone:

## Things you should know about my children

Allergies:

Medication:

Special needs:

## House rules for my children

Food they can eat and when:

Food they cannot eat:

Things they like to do:

Things they're not allowed to do:

Meal times:

Bath time:

Bedtime:

Pets:

## In case of emergency: Telephone 000

Our address is:

Our closest major intersection is:

## A neighbour you can contact in an emergency

Name:

Phone:

## Other things you should know

